An aerial view of a city skyline at dusk. The sky is a deep, dark blue. In the foreground, several tall buildings are visible. The most prominent one is a skyscraper with a curved, glass facade that reflects the light. To its right, another tall building is under construction, with a crane visible on top. The overall scene is a mix of modern architecture and urban development.

THE ELITE METHOD TOOLKIT

A DIY GUIDE TO PSYCHOLOGY-DRIVEN
MARKETING STRATEGY



HOW TO USE YOUR ELITE METHOD TOOLKIT

ACCESS THE TOOLKIT TEMPLATE AND MAKE AN EDITABLE COPY FOR YOURSELF BY CLICKING FILE → MAKE A COPY

ACCESS YOUR TOOLKIT

STEP 1: EXAMINE

TOOL #1: CONTENT AUDIT

Using the “Content Audit” tool on the second tab of this toolkit, **catalog all of the content you already have for your brand.** Map your content to the sales funnel, which aligns with the “Stages of Change Matrix” you’ll use in Step 3.



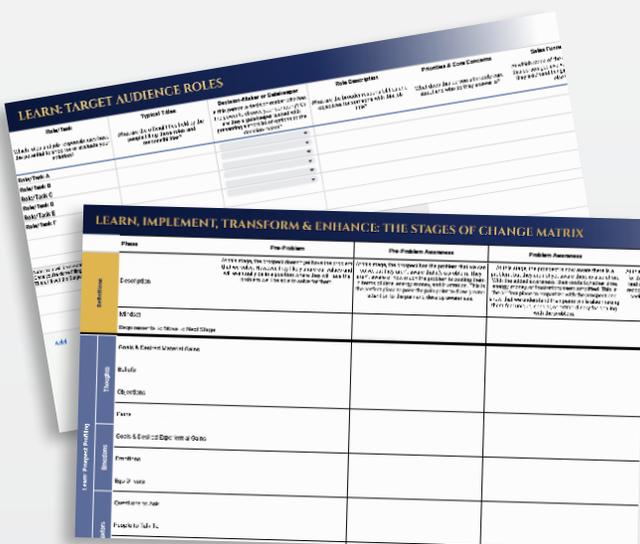
CONTENT AUDIT TUTORIAL

STEP 2: LEARN

TOOL #2: TARGET AUDIENCE ROLES TOOL #3: STAGES OF CHANGE MATRIX

Using the “Target Audience Roles” tool on the third tab of this toolkit, **determine which roles and job titles serve as your decision-makers and gatekeepers.** Exercise empathy to get to know the responsibilities, objectives, cares, and relationships these people live with every day.

Choose your most valuable role — the role that is most likely to be interested in your offer and who is the most accessible *and* lucrative. This person may be a decision-maker or a gatekeeper. Using the “Learn” segment of the “Stages of Change Matrix” for that one role, **consider the mindset of that person at each stage.** Also consider what that person needs in order to move to the next stage of change. **This thought exercise is critical to getting you into the mind and experience of your prospect.**



LEARN, IMPLEMENT, TRANSFORM & ENHANCE: THE STAGES OF CHANGE MATRIX

Phase	The Problem	The Problem Assessment	Problem Assessment
Describe	Describe the problem clearly and concisely in 1-2 sentences. What is the current state of affairs? What is the desired state of affairs? What is the gap between the two?	Describe the problem from the customer's perspective. What are the symptoms? What are the causes? What are the consequences?	Describe the problem from the organization's perspective. What are the symptoms? What are the causes? What are the consequences?
Identify	Identify the key stakeholders involved in the problem. Who are the internal and external stakeholders? Who are the primary and secondary stakeholders?	Identify the key stakeholders involved in the problem. Who are the internal and external stakeholders? Who are the primary and secondary stakeholders?	Identify the key stakeholders involved in the problem. Who are the internal and external stakeholders? Who are the primary and secondary stakeholders?
Formulate	Formulate a clear and concise statement of the problem. What is the problem? Why is it a problem? What are the consequences of not solving it?	Formulate a clear and concise statement of the problem. What is the problem? Why is it a problem? What are the consequences of not solving it?	Formulate a clear and concise statement of the problem. What is the problem? Why is it a problem? What are the consequences of not solving it?
Develop	Develop a clear and concise statement of the problem. What is the problem? Why is it a problem? What are the consequences of not solving it?	Develop a clear and concise statement of the problem. What is the problem? Why is it a problem? What are the consequences of not solving it?	Develop a clear and concise statement of the problem. What is the problem? Why is it a problem? What are the consequences of not solving it?
Implement	Implement a clear and concise statement of the problem. What is the problem? Why is it a problem? What are the consequences of not solving it?	Implement a clear and concise statement of the problem. What is the problem? Why is it a problem? What are the consequences of not solving it?	Implement a clear and concise statement of the problem. What is the problem? Why is it a problem? What are the consequences of not solving it?
Evaluate	Evaluate a clear and concise statement of the problem. What is the problem? Why is it a problem? What are the consequences of not solving it?	Evaluate a clear and concise statement of the problem. What is the problem? Why is it a problem? What are the consequences of not solving it?	Evaluate a clear and concise statement of the problem. What is the problem? Why is it a problem? What are the consequences of not solving it?

TRANSFORM & ENHANCE: METRICS TRACKING

Stage of Change	Sales Funnel	Metrics to Track	INDICES	MONTH 1 YEAR	MONTH 2 YEAR	MONTH 3 YEAR	MONTH 4 YEAR	MONTH 5 YEAR	MONTHLY
PROBLEM IDENTIFICATION	Ideal Awareness	PROBLEM IDENTIFICATION							
PROBLEM ASSESSMENT									
CONSIDERATION	Interest	CONSIDERATION							
PROBATION									
DECISION	Decision	DECISION							

STEP 4: TRANSFORM

TOOL #3: STAGES OF CHANGE MATRIX

TOOL #4: METRICS TRACKING

Once you have your strategy in place, it's time to **decide how you'll measure success at each stage**. Demand generation is two-thirds internal (thoughts and emotions) and one-third external (behaviors). Unfortunately, in digital marketing, we can only quantify the external behaviors. Using the "Transform" segment of the "Stages of Change Matrix," **consider which behaviors you can measure as indicators of success** that you are indeed moving your ideal buyers through the stages of change.

Once you have chosen your metrics indicators for the behaviors you want people to engage in, **use the "Metrics Tracking" tool to map your metrics to track and the behaviors they indicate to the sales funnel**. Track these metrics month over month. Wherever you see plateaus in growth indicates where you have weaknesses or gaps in your sales funnel.

STAGES OF CHANGE MATRIX TUTORIAL

METRICS TRACKING TUTORIAL

STEP 5: ENHANCE

TOOL #3: STAGES OF CHANGE MATRIX

TOOL #4: METRICS TRACKING

TOOL #5: CONTENT LIBRARY

Finally, using the "Enhance" segment of the "Stages of Change Matrix," **put together a plan for how you will take what you learn from your measurements to improve and enhance the efficacy of your strategy over time**. Create a feedback loop between Sales and Marketing to ensure that you are gathering learnings and insights from the Sales team to further strengthen your marketing messaging and methods. Also **create a feedback loop between your data analytics and your marketing implementation**.

As you create content derivative of your "Stages of Change Matrix," **log each piece of content in the "Content Library."**

As you **collect and analyze your data in the "Metrics Tracking" tool over time**, you will be able to go back to

The collage shows three overlapping spreadsheets. The top one is the 'TRANSFORM & ENHANCE: METRICS TRACKING' spreadsheet, which is a grid with columns for 'Stage of Change', 'Sales Funnel', 'Metrics to Track', 'INDICES', and five 'MONTH X YEAR' columns. The middle one is the 'LEARN, IMPLEMENT, TRANSFORM & ENHANCE: THE STAGES OF CHANGE MATRIX' table, which has columns for 'Phase', 'The Problem', 'The Problem Assessment', and 'Problem Assessment'. The bottom one is the 'IMPLEMENT & ENHANCE: CONTENT LIBRARY' spreadsheet, which has columns for 'Stage of Change', 'Sales Funnel', 'Content Type', 'Format', and 'Link'.

Step 1: Examine to re-evaluate your content and assets in light of what you've learned in the Implement, Transform, and Enhance stages. **Just as your business and your ideal buyer evolve, your psychology-driven marketing strategy will evolve** to continue to bring them together. Make an appointment with your marketing team and key stakeholders to **revisit your "Stages of Change Matrix" at least every 6 months.**

[STAGES OF CHANGE MATRIX TUTORIAL](#)

[FINAL TIPS: A COMMITMENT TO CONTINUOUS IMPROVEMENT](#)

NEED HELP?

At Cornell Content Marketing, we want as many businesses as possible to have access to this framework to create their own feel-good psychology-driven marketing strategy. That's why we make our unique approach free for anyone to use — because we believe in healing the relationships between businesses and buyers using ethical demand gen marketing — regardless of whether you work with us.

We hope that you and your marketing team find incredible value in using our framework! If you find yourself needing help, we have two options for working together:

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